

SUPPA

BROWN BAGUETTES

Mozzarella & Pesto (v) 3.40

Mozzarella, Pesto, Tomato, Baby Spinach, Brown Baguette

Chicken, Bacon & Avocado 3.60

Chicken, Bacon, Avocado, Tomatoes, Mayo, Lettuce Leaves, Brown Baguette

Honey Roasted Ham & Cheese 3.40

Honey Roasted Ham, Swiss Cheese, Gherkins, Honey Mustard, Lettuce Leaves, Brown Baguette

SPINACH WRAPS

Falafel & Hummus Wrap (v) 3.50

Sweet Potato Falafel, Hummus, Red & White Cabbage, Mayo, Mustard, Almond Flakes

Classic Chicken Caesar Wrap 3.50

Chicken, Parmesan, Croutons, Boiled Egg, Caesar Dressing, Cos Lettuce

Avocado & Spinach Wrap (v) 3.50

Avocado, Baby Spinach, Cucumber, Parmesan, Tomatoes, Mayo & Greek Yoghurt Mix

Punjabi Chicken Wrap 3.50

Marinated Chicken, Cucumber Sticks, Greek Yogurt, Leaves

SANDWICH BITES

Smoked Salmon Sandwich Bite 1.99

Smoked Salmon, Cream Cheese & Dill Mix, Chives

Stilton & Walnuts Sandwich Bite (v) 1.99

Stilton, Celery, Apple, Mayo, Mustard, Walnuts, Chives

Peri Peri Chicken Sandwich Bite 1.99

Marinated Chicken, Mixed Grilled Peppers, Lettuce Leaves

Pastrami Sandwich Bite 1.99

Pastrami, Swiss Cheese, Gherkins, Mustard, Lettuce Leaves

HOUSE SALADS

- Peri Peri Chicken Salad** (DF | GF) **5.90**
Marinated Chicken, Avocado, Cashew, Mixed Peppers, Red Onion, Plum Tomato, Salad Leaves with side Hot Dressing
- Greek Salad** (V | GF) **5.80**
Feta Cheese, Cucumber, Plum Tomatoes, Red Onions, Olives, Mixed Seeds, Salad Leaves with side French Dressing
- Chicken Caesar Salad** **5.90**
Chicken, Parmesan, Boiled Egg, Croutons, Cos Lettuce, Pepper with side Caesar Dressing
- F*** You I'm Famous** (DF | GF) **6.50**
Hot Smoked Salmon, Avocado, Cucumber, Plum Tomatoes, Almonds, Salad Leaves with side French Dressing
- SŪPPA Mezze Salad** (V | GF) **6.10**
Falafel, Halloumi, Quinoa & Beans Mix, Plum Tomatoes, Cucumber, Mixed Seeds, Spinach Leaves with Raita Dressing

BUDDHA BOWL

- Wholegrain Pasta with Pesto Chicken** **4.50**
Wholegrain Pasta, Pesto, Chicken, Baby Spinach, Sun Dried Tomatoes, Plum Tomatoes, Broccoli, Parmesan, Mozzarella, Pine nut
- Salmon with Rice Vermicelli Noodles** (DF | GF) **4.50**
Roasted Salmon Flakes, Rice Vermicelli Noodles, Kale, Edamame, Carrots, Red & White Cabbage, Green Beans, Olive Oil, Sesame Seeds, Sweet & Chili sauce
- Protein Mix with Avocado & Egg** (V | GF) **4.50**
Avocado, Kale, Egg, Plum Tomatoes, Mixed Seeds, Grain & Bean Protein Mix, Onions, Olive Oil, Salt, French Dressing

TOASTIES

- Cubano Toastie** **2.99**
Honey Roasted Ham, Emmental Cheese, Gherkins, Mustard
- Avocado & Red Chili Toastie** (V) **2.99**
Avocado, Red Chilli, Emmental Cheese
- Four Cheese Toastie** (V) **2.50**
Mozzarella, Cheddar, Red Leicester, Emmental Cheese, Crème Fraîche, Chives
- Pesto & Sun-dried Tomatoes** (V) **2.80**
Green Pesto, Sun-dried Tomatoes, Emmental Cheese

SIDE POTS

Hummus & Mini Carrots (V | VG | DF | GF) **1.90**

Hummus, Mini Carrot Batons

Hummus & Mixed Veg (V | VG | DF | GF) **2.10**

Hummus, Mixed Peppers, Celery, Carrot Batons

SUPERFOOD CHIA POTS

Spirulina & Kiwi Chia Pot (V | GF) **2.60**

Organic Spirulina Powder, Kiwi, Almond Flakes, Raines, Chia Seeds, Oats, Greek Yoghurt, Almond Milk, Honey

Acai Berry Chia Pot (V | GF) **2.60**

Organic Acai Berry Powder, Blueberries, Pomegranate Seeds, Chia Seeds, Oats, Greek Yoghurt, Almond Milk, Honey

Cacao & Banana Chia Pot (V | GF) **2.60**

Organic Cacao Powder, Banana, Coconut Flakes, Blueberries, Chia Seeds, Oats, Greek Yoghurt, Almond Milk, Honey

Very Berry Chia Pot (V | GF) **2.60**

Blueberries, Chia Seeds, Oats, Greek Yoghurt, Almond Milk, Blackcurrant Jam, Honey

Banana & Peanut Butter Chia Pot (V | GF) **2.60**

Banana, Peanut Butter, Walnuts, Chia Seeds, Oats, Greek Yoghurt, Almond Milk, Honey

Strawberries & Muesli Chia Pot (V | GF) **2.60**

Strawberries, Mixed Seeds, Chia Seeds, Oats, Greek Yoghurt, Almond Milk, Strawberry Jam, Honey

DESSERTS & FRUIT CUPS

Seasonal Fruit Cup (V | VG | DF | GF) **2.50**

Tiramisu (V) **2.60**

Lemon Cheesecake (V) **2.60**

Avocado & Dark Chocolate Mousse (V | GF) **2.60**